

**CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING**  
**of CORTLAND COUNTY**  
**COMMUNITY SERVICES BOARD**

**Meeting Minutes – March 6, 2019**  
**12:00 NOON**

**Room 302 – COUNTY OFFICE BUILDING**

**CHAIR: Matthew Whitman ~ VICE CHAIR: ReBecca Smith ~ DIRECTOR: Mark Thayer**

**Members Present:** Matt Whitman – Chair, ReBecca Smith – Vice Chair, Jesse Abbott, Christopher Driscoll, Timothy Lockwood, Tiffanie Parker, Robert Pitman and Legislator Douglas Bentley

**Members Absent:** Michael Johnson and Judi Riley

**Others Present:** Mark Thayer (Director), Jennifer Bayer (Beacon Center), Thomas Lipa (TC3), Aaron Bach (TC3 and CCOCC), Kurt Warner, Jesse Belton and Denise Schulze (Catholic Charities of Cortland County), Michael Lanigan (Family and Children’s Counseling Services), Alexandra Mikowski (Liberty Resources), Patty Schaap (CCDMH) and Gail Spitzer (Secretary)

**Call to Order:** 12:02 p.m. – by Chair, Matt Whitman – thanked everyone for coming

**Minutes**

**Introductions**

**Agenda Item:** Approval of Meeting Minutes February 6, 2019 Request for motion by Chair, Matt Whitman

✓ Motion made Tiffanie Parker, seconded by Timothy Lockwood – no further discussion – unanimously approved

**Agenda Item:** TC3 – Collegiate Recovery Program Aaron Bach, Recovery Specialist

Received Grant from OASAS January 2019 – start-up costs for Collegiate Recovery Program – began this semester to spread awareness – Place for students in recovery or those struggling and in need of services / on Campus in Room 178, drop in center – guide to services in their community, on campus or receive peer to peer engagement on campus – continuing on and seeking additional funding – currently only funded until end of April – hoping to be self-sufficient / no services are billable / meeting with COTI program and other providers in both Ithaca and Cortland – learning and sharing all available resources / students in recovery may need assistance as they pursue education, leading to gainful employment and sense of purpose and more meaningful life / Peers on site every day, 8 AM to 5 PM

**Agenda Item:** Agency/School/Coalition/ Department Updates

Matt Whitman (CACTC) – 2018 Youth Results Survey results printed and passed out – includes summaries of data collected from grades 7 to 12 – this year’s report also adds the individual questions “risk and protective” factors / data is a good resource – can run additional reports to reflect any needed information / CACTC will be applying for an additional grant through SAMHSA – “Partnership for Success” being given directly to agencies and organizations rather than entire states – 127 awards for up to \$300k per year for 5 years – main substance addresses alcohol use for 9 to 20 year olds – community can identify up to two additional substances – due by the end of March – will be asking for letters of support / Next community “Take-Back” event April 27; Homer Town Hall, Cortlandville Fire Station, Cincinnatus Fire Station and Marathon High School from 9 AM to noon / “Smacked” – two screenings: Cortland High School – April 23 and TC3 – April 25 – screening and panel discussions – Cortland panel Dr. Firman, Judge Burns, COTI representative - more info to come

Doug Bentley (Legislator) – Monday, March 18 – “Leadership for Change” event at Grace Church, Cortland – 9 to 11 AM – discussing poverty in our community

Jesse Belton (Wishing Wellness Center, CCOCC) – continue to see many homeless people – huge resurgence that seems to be continuing – drug use seems very apparent – “bath salts” back with a vengeance – doing the best with the resources and connecting with COTI when possible / Discussion: Jennifer Bayer, Aaron Bach, Jesse Belton – Kraton: SE Asian source, not addictive but more similar to opioids than marijuana – sold as an aid to MH diagnoses i.e., depression; can make symptoms worse

Jesse Abbott (Cortland City PD) – relatively quiet – last month 7 overdoses; 3 alcohol, 4 drug related / June 2 – community outreach picnic on Court St – one long table down street, donations of food from local restaurants, bakeries followed by a movie – intended to further educate and bring community together – partner with ATI and LGBTQ / “Coffee with a Cop” held at SUNY Cortland – attended by over 100 students – scheduled to include RTI simulator, tool used in officer training, used to de-escalate a situation, was cancelled because of faculty misunderstanding its purpose

Robert Pitman (Chief of Homer Police Department) – still holding IRT meetings / discussed recent activity requiring search warrant very close to fatal house fire caused by a meth lab in 2016

Kurt Warner (Catholic Charities of Cortland County) – Permanent Supportive Housing very stable; has 100% occupancy, 100% employed, one person will be evicted – looking for referrals with MRT criteria / Mark inquired; new working relationship offering employment opportunities at JM Murray – Kurt: they have been very helpful in helping people get into, or back into, the workplace

Jennifer Bayer (Beacon Center) – Mark asked about any change in the transportation/MAS problems – Jennifer: have been trying to use facilities that will pick people up – now psych evaluations are required when drug screens have negative results; satisfying the requirements of the facilities

Tiffanie Parker (DSS) – in process of completing annual Child and Family plan update; for County to receive Federal funding – some portions have been completed and approved – working on Safety and PINS Diversion – in permanency portion of plan, finding children are remaining longer in foster care than in the past, attributed to substance abuse – takes longer to get into treatment

ReBecca Smith (Health Department/Youth Bureau) – Narcan Program distributed kits in the month of February, average numbers – not receiving information about repeat users / Safe Harbor Program kick-off held last Friday – plan to hold second in beginning of April – awareness and definition of human trafficking and sexual exploitation of children – highlighting community programs for youth – planning youth retreat either June 1 or June 8 at either from 10 am to 3 pm – hosted by YMCA, YWCA and the City Youth Bureau; includes workshops, tabling, food, prizes – more to come

Aaron Bach (Catholic Charities) – homeless transitional housing on Charles St full – large number of children and families – increased drug use

Michael Lanigan (COTI of Family and Children’s Counseling Services) – touring to inform of new services available – will be meeting with ER doctors at Guthrie (Mark offered to attend – have been working to improve their process; this will add to address issues and processes) - offer services to help individuals being discharged / Matt: new hospital plan when releasing someone who has overdosed, to provide Narcan kits / there is still work to ensure all hospital staff know new processes, procedures (i.e., willingness to give “bridge scripts”) – ensure communication with all staff

Denise Schulze (Catholic Charities) – new HARP / HCBS Coordinator – [Health and Recovery Plan / Home and Community Based Services]  
 Tim Lockwood: received grant from Health Homes to create position intended to help people navigate and increase number of people who can access HCBS services, peer supports, psychosocial rehabilitation, etc. that agencies can provide and bill through Medicaid – CCOCC picked five services they would provide – Denise was hired to help people navigate this system and put a process in place for the future / Denise: next step is to become familiar with the providers in this system; what services are provided and create a network, more community outreach / will be meeting with Broome Catholic Charities as they are offering HCBS with great success – also create a guidebook / Tim: will also be meeting with Fidelis

Tim Lockwood (Catholic Charities) – creating and hired additional position; person based in the ER, in a care manager position – expect to be in place in a month – that person can connect someone to case management and make referrals to any needed services / working on a Saturday – geared toward adult services, not to exclude a parent with resources for their child

Alexandra Mikowski (Liberty Resources – Regional Mobile Crisis Director) – Cortland County still highest utilizer of services in Region – January and February received 40 call each – Homer has signed their MOU to become eligible for Mobile Crisis Services – Sheriff will be signing an MOU soon – waiting for the State to approve 24/7 operation – making a list of people who want per diem jobs

Christopher Driscoll (Coordinated Children’s Services Initiative) – question raised in a Tier 2 meeting: whether any local colleges have been approached about adding MSW programs to their curriculum – Mark: State recently rolled out a grant intended to enhance workforce, as it relates to opioid abuse – could have some positive affect in encouraging expanded course offerings – will bring up to RPC workforce group

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<b>Agenda Item:</b>	<u>Director’s Report (Attached in handout)</u>	Mark Thayer
➤	The Justice League / Had Community Reentry meeting March 1 – homelessness is a big issue in that group	
➤	Cortland County approved to receive \$60k to add treatment services in the Jail	
➤	Columbia University CHASE grant – Cortland 1 of 15 counties in State – extremely competitive – only three “HUBS” in Country – interview on Friday – grant funds enhancements of existing services	
➤	Looking for one person to complete a board to expend remaining funds in the Betty Hatheway Fund – seeking community member	
➤	Literature and links included regarding marijuana legalization	
➤	Regional Peer Recovery Center meeting, March 27 from 10 to 1 in Syracuse – discuss expectations / model and future planning	

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**Agenda Item:**     Adjourn     Chair, Matt Whitman adjourned the meeting and thanked everyone for coming – meeting ended at 1:05 p.m.

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**Next CD Subcommittee Meeting – April 3, 2019 – 12:00 Noon**

Minutes submitted by Gail L. Spitzer  
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**Approved minutes available on County Website**