

COMMUNITY SERVICES BOARD
OF CORTLAND COUNTY

Meeting Minutes – April 23, 2019 – 3:00 p.m.
Room 302 – COUNTY OFFICE BUILDING

Members Present: Tiffanie Parker (Chair), Shari Weiss (Vice Chair), Jeff Beal, Doug Bentley, Martha Bush, Christopher Driscoll, Christopher Hyde, Elizabeth Larkin, Donald Noble, Kathy Reynolds and Leslie Wilkins (11)

Members Absent: Jesse Abbott, Elizabeth Haskins, Michael Johnson and ReBecca Smith

Others Present: Mark Thayer (Director Community Services), Matt Whitman (Cortland Area Communities that Care), Douglas Hart (Hillside Children’s Center), Patty Schaap (CC Department of MH – SPOA Coordinator), Teresa VanHeusen (CCDMH – Clinic Director MH Programs), Michele Gravel (Director, Vocational Services – JM Murray), Jackie Leaf (Seven Valley Health Coalition), Julie Partigianoni (Program Manager Wishing Wellness Center – Catholic Charities of CC), Michael Barylski, (Legislator), Michele Hochstetter and Renee Hettich (Adoptive and Foster Family Coalition), Lindy Glennon and Joyce Allen (CAPCO), David Phetteplace (High School Principal – Cincinnati Central School District) Alex Mikowski (Liberty Resources Mobile Crisis) and Gail Spitzer (Secretary) (16)

Call to Order: Welcomed by Tiffanie Parker, Chair at 3:02 p.m.

Agenda Item: Introductions

Agenda Item: Approval of Minutes – March 26, 2019 Chair, Tiffanie Parker, asked for a motion to approve minutes

✓ Motion made by Shari Weiss, seconded by Elizabeth Larkin – no further discussion – minutes were unanimously approved

Agenda Item: AGAPE Program- Adoptive & Foster Family Coalition of NY Renee Hettich and Michele Hochstetter

Renee: AFFC Post Adoption Support Program in Cortland is two weeks old in this community – personally, was a foster parent, now adoptive parent of four children (18, 16, 12 and 12) and a kinship parent of a 19 year old – everyone who works for coalition is involved with this system in some way / State of NY funded this program. Cortland was the last county in the State

Goal to make sure families remain intact – provide in-home support, case management, parenting education, research validated trauma responsive attachment based parenting curriculum; coming to Cortland May 9 called Reframing Parenting, one evening per week for six weeks, free to attend, child care provided – also provide support groups, advocacy, participation in SPOA / Family Fun Day at Shipwrecked Golf / AGAPE (Adoption and Guardianship Assistance Program for Everyone) (Renee) in eight Counties – Michele Hochstetter is representative in Cortland / important partnerships with Mental Health Departments, schools and specialists in the community / CASE – National organization piloted program to train therapists in trauma response of attachment based therapies – available in NYS within the next 12 to 18 months / work in partnership with Kinship Navigators

Agenda Item: Opportunity Community Lindy Glennon and Joyce Allen, CAPCO

Lindy Glennon: CAPCO had received some funding to bring this effort to Cortland County to become an Opportunity Community – (You Tube clip of Dr. Donna Beegle, Organizer) – opportunity to understand poverty and how to address issues of poverty / Leadership Summit held March 18 attended by 50 to 60 community leaders including Congressman Anthony Brindisi / Dr. Beegle explains that most people who live at, or below, Federal poverty level are working; many full time or multiple full time jobs (Cortland County approximately 15%; 7,000) / Michael Barylski contacted Kristen Monroe, DSS, suggesting a proclamation naming Cortland County an Opportunity Community (Dr. Beegle recognized this County was the first to do so) / Lindy introduced Joyce Allen, lead in these efforts / Joyce Allen: next step Prosperity Summit May 9 (4 hours) – Navigator training September 18-19 – Education Program October 26 / Tiffanie Parker recommended watching You Tube clips and attending May 9 event

Agenda Item: Innovation Readiness Training (IRT) Update Jackie Leaf (Seven Valley Health Coalition)

Jackie last IRT in 2016 – military training exercise which will provide free medical services to include: basic medical, dental (10 dentists, no hygienists), optical (free pair single vision glasses), veterinary / will be recruiting volunteers May 1 through June 1 – IRT: 10 days, 7:30 a.m. to 5:00 p.m., 50 people per shift, 2 shifts per day / community resources: access to information, literature from agencies / Homer Intermediary School, July 12 through 21 / appointments through 2-1-1 for optical, dental and veterinary (spay and neutering) – other specialists not confirmed – will take walk-ins / Volunteers undergo training and Homer PD will be responsible for volunteer background check – check in and out of volunteer area

Agenda Item: Donald Sharpe Fund Request Teresa VanHeusen – Clinic Director of MH Programs (County MH Department)

Request for funding of the Bone Saver Program – to be utilized in the Clinic’s Continuing Day Treatment program, Horizon House – Office of the Aging have trained two of the Clinic’s staff – weight-bearing strength training to improve bone density, reduce falls, improve bone and joint health, etc. / Horizon House attendees’ physicians will sign a release (release being reviewed by County attorney) – associated cost to will pay for weights, printing of materials and storage lockers – estimated cost: \$744.69 / Chair Tiffanie Parker asked for a motion to approve spending \$744.69 on supplies and literature to implement the Bone Saver Program at the Horizon House, Continuing Day Treatment Program and the Mental Health Clinic, from the Donald Sharpe Fund

✓ Shari Weiss made a motion to approve the allocation of funds from the Donald Sharpe Fund for the Bone Saver Program, seconded by Douglas Bentley – without further discussions, the motion was unanimously approved – document signed by the Chair, Tiffanie Parker

Agenda Item: Discussion 2019 – 2020 Annual Plan Mark Thayer

Because the Community Services Board and Subcommittees have had such full agendas, there has been little time to thoroughly go through all the Priorities and Strategies – have asked members and attendees to review independently and to plan on discussing in more detail at May meetings (homework) / read, highlight – what needs revision, updated, what is missing, etc. / new this year: OASAS, OMH and OPWDD trying to dovetail with NYS Health Department's prevention agenda as much as possible – how do we support our communities to be healthier in general – what are the opportunities to build into plans; Opportunity Community, ACES, Trauma Informed plans, new resources and partnerships / please look through the provide Plan and bring back to your next meetings with notes and highlights / pulled together at the Joint meeting May 28 (Cortlandville Fire Department), submitted to State on June 3 / will also have results of the regional survey that was sent out via Survey Monkey last month

Agenda Item: Subcommittee Reporting

Shari Weiss, Chair MH Subcommittee – (did not have a quorum at last meeting – meeting led by Vice Chair Ellen Wright) presentation by Jesse Belton from the Wishing Wellness Center / Annual Plan discussion – Next meeting May 13

Jeff Beal, Chair DD Subcommittee – two presentations: Jaclyn Fahey, Clinic Director, MC ARC Article 16 Clinic and Aaron Wilson with Person to Person Citizen Advocacy / Annual Plan discussion / Agency updates

Matt Whitman, Chair CD Subcommittee – Mark presented information about Cortland County being awarded the CHASE Federal Grant / Annual Plan discussion / tonight at 5:00 p.m. Cortland High School at 3:30 at TC3 viewing "Smacked" regarding the opioid crisis – both followed by panel discussion / drug take-back event Saturday at 5 locations

Agenda Item: Agencies / Hospital / Departments Update

- Patty Schaap (SPOA, MHA) – Fidelis Care partnered with Dr. Djafari to hold a Family Fun event on Saturday 4/27, many agencies will represent themselves in table events – do not need Fidelis Insurance to attend / May is MH Month walk – Thursday, May 16 beginning at the United Presbyterian Church – please join us <https://www.sevenvalleyshealth.org/may-is-mental-health-walk> register by May 1 to receive free tee shirt, currently approximately 130 registered / May is MH Month calendar of events available, will send electronically / MH Month Dinner, May 30 – RSVP to Susan Lewis: susan.lewis@aticortland.org - \$10 per person – dinner and panel discussion
- Kathy Reynolds – Retired from Cortland Schools – have contacted school districts throughout Cortland County, explaining how she became involved in the CSB and Subcommittee, their purpose and offered to share useful information – Cincinnatus School was the first to reply (applause) – she is interested in finding the best way to share this information – it will help to stay more connected with the schools, also and can be helpful in sharing schools' interests, concerns, etc.
- Michele Gravel (JM Murray) – will be submitting an RFP to expand Recreational Respite program through OPWDD through Grants Gateway / JM Murray now has Facebook
- Leslie Wilkins (Cortland Prevention Resources) – 20 community leaders to attend the Suicide Prevention Coalition kick off on April 30
- Chris Hyde (Family & Children's Counseling Services – COTI Program) – Ilion NY new home for COTI van, will begin doing interviews next week

Agenda Item: Director's Report Mark Thayer

- Next Justice League meeting – Wednesday May 8, Cortlandville Firehouse at 2:00 p.m. – will be discussing the Angel Program, Bail Reform and new services that will be implemented in the Jail, once it is reopened
- Betty Hathaway Fund have to redo paperwork
- Regional Planning Consortium – group set up to provide oversight of Medicaid Managed Care programs – expanded to include other oversight – Mark is the Chair) first membership terms ending – will be accepting applications for membership / RPC addressing other regional problems such as workforce issues – hosting webinar National Health Service Corp and some of their loan repayment programs on May 21 – will have Gail send link
- Central NY Directors' Planning Group (CNY DPG) held meeting with all jails in Region – all interested in moving chemical use treatment into jails, all facing same implementation issues – this group will continue to meet quarterly
- Friday meeting with OPWDD State representatives, DSS, Regional & State OMH officials, OCFS – trying to find options, resources to avoid unnecessary extended stays in the ER (START program was intended to resolve but has not rolled out as State had announced)
- CHASE Grant finally announced – will have more information to send out - \$86M over 4 years – Cortland one of 15 NY counties chosen – will need to put together a CSB-type of board with the "hub and spoke" partner agencies; creating oversight
- Helio Health, Open Access Center, merged with CNY Services – two of the biggest agencies in Onondaga County – Helio offers substance abuse treatment, CNY Services cross all three "O" Agencies but primarily focus on housing

Agenda Item: Adjourn Chair, Tiffanie Parker adjourned meeting at 4:30 p.m. and thanked everyone for coming

**JOINT CSB / SUBCOMMITTEES – MAY 28, 2019 at 3:00 p.m.
AT THE CORTLANDVILLE FIREHOUSE – Route 13**

****Electronic Packets of approved minutes and Director's Report available upon request****

Minutes and notes submitted by Gail L. Spitzer

Inquires may be made to:

gspitzer@cortland-co.org

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