

COMMUNITY SERVICES BOARD

- + Mental Health Subcommittee
- + Developmental Disability Subcommittee
- + Chemical Dependence Subcommittee

OF CORTLAND COUNTY

**Meeting Notes: May 28, 2019
3:00 P.M.**

Cortlandville Fire Department Meeting Room

Members Present: Jeff Beal (CSB & Chair DD Subcommittee), Douglas Bentley (CSB, CD, Legislator), Christopher Driscoll (CSB & CD), Aaron Hammond (DD Subcommittee), Elizabeth Larkin (CSB, MH), Timothy Lockwood (CD), Donald Noble, Ph.D. (CSB), Marianne Odell (DD), Matthew Whitman (CD), Leslie Wilkins (CSB, MH) and Ellen Wright (MH)

Others Present: **Mark Thayer (Director, Community Services)**, Alexandra Mikowski (Liberty Resources-Crisis Mobile Team), Michele Gravel (JM Murray), Deena Dombroske (Helio Health), Julie Partigianoni (CCOCC), Marc Solometo, Jr. (CAPCO), Tom Lipa (TC3), Marie Walsh and Brittany Van Winkle (CCOCC), Michael Barylski and Kelly Preston (County Legislators), Diane Wheaton (Cortland Works Career Center), JoAnn Wickman (CACTC), Dora Gorman and Carey Peters (Southern Tier Connect), Pam Jenkins, Christopher Kiser (Racker Center), Douglas Hart (Hillside), David Phetteplace (Principal, Cincinnatus School District), Patty Schaap (CCDMH, SPOA/YDSD) and Gail Spitzer (Secretary)

Call to Order: By Director, Mark Thayer at 3:02 p.m.

MINUTES

Agenda Item: Welcome / Introductions Mark Thayer, Director of Community Services

Mark Thayer thanked everyone for coming / as the Chair and Vice Chair are unable to attend today, Mark will lead meeting

Agenda Item: Approval of Minutes No quorum of CSB Membership

Agenda Item: 2019-2020 Cortland County Annual Plan Mark Thayer, Director

Provided for those attending: Agenda, meeting minutes from April 23 CSB meeting, draft of County Plan and a survey of County priorities for everyone to complete – the draft has been edited and format changed to make less redundant and easier to follow

Previously, a regional on-line survey was conducted; 65 people from Cortland County, total 315 from across Central NY – how did the data compare County vs. CNY – level of unmet needs for substance use and mental health services, over past year – generally County: twice the percentage believe services have improved, compared to Regional number and half as many believe things have gotten worse – overall it is an outcome of the good work done in our connected, engaged County

<u>Change in past year</u>	<u>County</u>			<u>Region</u>		
	Better	Same	Worse	Better	Same	Worse
% Substance use services	42	46	12	30	45	25
% Mental Health services	45	38	17	21	45.5	33.5

Comparing needs in order of priority; Regional: Housing, Transportation, Inpatient Services, Access to Crisis Services, Employment and Workforce In Cortland County: Housing, Inpatient Services, Transportation, Workforce, Employment and Crisis Services (Don Noble asked about the ranking of Crisis Services – Mark: presence and public awareness of Mobile Crisis, COTI program and other services in place, makes this a lower priority in Cortland County

Mark asked for feedback as to services which may need to be more strongly represented – asking everyone to complete the priority ranking and submit before leaving today

Mark covered the topics in the Plan that have changed – some of the actionable items resulting from Plan: *CHASE Grant, create data dashboard to collect data relating to substance use/abuse/treatment etc. / *CACTC reaching end of its grant cycle – Matt Whitman: 4 ½ year Partnership for Success Grant ending (opioid use focus) – application for another grant has been filed, focus primarily alcohol use in youth – Mark: will be working to find ways of keeping the good work of the CACTC going / *encourage program presentations at CSB and subcommittees, publicize and encourage people to attend and learn about what is going on in community /

JoAnn Wickman began a conversation about the importance of educating the public about the services available in this community, to people not directly involved in meetings like this – Mark: tabling events, 2-1-1, connect to a person for referral, not a provider or event – always looking for ways to share information

Michael Barylski and Kelly Preston, Legislators – suggested the addition of a reference to the expansion of drug court in building supports as far as it would be in the purview of behavioral health in Cortland County (CSB and Subcommittees) – Mark: will write addition and forward to them

Mark discussed new OMH support for Medically Assisted Treatment (MAT) in non-OASAS facilities (i.e., Jail, hospital, MH Clinics); as long as there is a prescriber – before implementation there will be State-wide trainings and other steps

Discussion – peer services relative to substance abuse vs. mental health – what services can be coordinated to better assist people being released from jails and prisons / what systems and supports need to be in place prior to the criminal justice reform (Bail Reform Act)

Tim Lockwood (CCOCC) and Julie Partigianoni (Wellness Center – CCOCC) discussed the progress made in peer services, imbedded in Guthrie Cortland Medical Center, building new connections in emergency department and psychiatric unit (1-E)

Discussion – NYS restricts implementation of ACT (Assertive Community Treatment) due to relatively small population; similar to Continuing Day Treatment services but more expansive in nature; offering instead, "in lieu of services" / Michael suggested Mark bring proposal to Health and Human Services committee to advocate for ACT implementation with the State

Douglas Hart (Hillside): Changes in 'children's' waiver services – State now requires licensed individuals to perform services previously done by trained, non-licensed personnel – the rates of reimbursement will not support the required level of education – also restricts the number of service units available to families

Housing – CCOCC awarded ESHI grant: Marie Walsh discussed challenges, i.e., site selection – applying for additional grant that funds transitional services (shelter plus care), not permanent (up to 6 months) or emergency housing

Early Recognition Screening – Matt: Literacy Coalition working with pediatricians – will be getting data relative to developmental milestones which can be integrated into this process – birth to five years old study

Employment: Diane Wheaton discussed correlation between successful employment opportunities and decreased recidivism

Elizabeth Larkin suggested addition of support to school districts as they integrate behavioral healthcare in the curriculums; as mandated by State

Mark thanked everyone for attending and participating – will make the changes as discussed, send to CSB membership and request vote by email

Next Meeting Dates: CSB – June 25 (3:00 p.m.) / MH Subcommittee – September 9 (3:00 p.m.) / DD Subcommittee – September 3 (1:00 p.m.) / CD Subcommittee – September 4 (12:00 noon) / Justice League – September 11, 2019 (2:00 p.m.)

Adjourn: Meeting adjourned at 4:58 p.m. – Copies of the final revision of 2019 – 2020 Annual County Plan is available on request

Approved minutes available on County Website:
www.Cortland-Co.org/433/Mental-Health

Minutes submitted by Gail L. Spitzer
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