

CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING
of CORTLAND COUNTY
COMMUNITY SERVICES BOARD

Meeting Minutes – January 11, 2023 – 3:00 p.m.
ROOM 302 COUNTY OFFICE BUILDING,
60 CENTRAL AVE, CORTLAND

CHAIR: Tiffanie Parker ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall

Members Present: Tiffanie Parker – Chair, Tim Lockwood – Vice Chair, Jackie Leaf, Nicholas Lynch, Amanda Howlett and Susan Watrous (6)

Members Absent: Beckey Lumley

Others Present: Sharon MacDougall (Director CCCS), Courtney McCallen, Hannah Commins and Margaret Broderick (Health Department), Jeremy Miller (Helio Health), Matt Skojec (Clinical Director of MH Programs, CCMHD), Amanda (Mandy) Stout and Angela Romano (Family & Children’s Counseling Services), Cristin Marshall (SPOA Coordinator, CCMHD) and Gail Spitzer (Secretary) (10)

Call to Order: 3:05 p.m. – by Chair, Tiffanie Parker

Tiffanie Parker welcomed and thanked everyone for attending – quorum achieved by 12:30 P.m.

Agenda Item: Approval of Meeting Minutes November 2, 2022 – Motion requested by Chair, Tiffanie Parker – no changes comments or corrections to the minutes

✓ Motion by Nicholas Lynch, second Jackie Leaf – unanimously approved

Agenda Item: Vote: new 2023 Meeting Schedule Membership

✓ Motion by Nicholas Lynch, second Jackie Leaf – unanimously approved

Agenda Item: Discussion and Election – Chair and Vice Chair

Director, Sharon MacDougall discussed term limits outlined in the current by-laws and the need for review and update – Ad Hoc committee to be formed - there were no volunteers – Tiffanie Parker and Timothy Lockwood agreed to remain in their current titles for the time being – Sharon MacDougall asked for a motion to continue with Tiffanie Parker and Chair and Timothy Lockwood as Vice Chair of the CD Subcommittee

✓ Motion made by Nicholas Lynch, second Jackie Leaf – unanimously approved

Agenda Item: Public Health Department - Tobacco Cessation promotions Hannah Commins and Margaret Broderick

Community Health Improvement Plan – implementation and evaluation stage 2023 and 2024 – vaccine, tobacco, suicide prevention focus areas of plan – coded over 800 media posts for campaign – “de-normalizing” tobacco use

Agenda Item: CACTC –HEALing Communities – Cortland Action Plan Sara Watrous

Shared action plan – potential strategies – three categories overdose education, Naloxone distribution, increasing access to medications for opioid use disorder, help engage and retain people in treatment, strategies for prescribing – will be implementing these strategies in 2023 – trying to be more targeted – after hours outreach, outreach in rural areas, and more

Agenda Item: Community Updates:

Nicholas Lynch (Captain, County Jail) – Medically Assisted Treatment (MAT) Program up and running – 37% of population on some form of medication – having diversion struggles – there are some incarcerated individuals in these programs who are manipulating medications in spite of the best efforts to monitor, hiding meds, etc. – short on staff – getting closer to being able to offer injections as an option – stringent requirements required increase in staff – have had some success on discharge following up with appointments i.e., F&CCS – leaving with bridge scripts until connected to services and prescriber -

Mandy Stout (F&CCS) – trying to transition to more in-person meeting groups – F&CCS have heard telehealth and telephone services may be ending or at least decrease in the reimbursable rate / met with OASAS and OMH – since integrated services began, challenging to count OASAS units of services for billing, since using OMH billing codes – OASAS possible new APG regulations, allowing someone to be enrolled in two programs at once

/ Mobile Outreach Program working with Judges Burns and Campbell supporting opioid treatment court – taking van to Courthouse to support arraignments to help with linkage to services – just started this week / Angela Romano’s team were involved in reversing an overdose – the individual successfully made it to Helio this morning for treatment - amazing work (Sharon clarified the changes in tele-services is from OASAS, not OMH – OMH extending

Matt Skojec (Clinical Director of MH Programs, County MH Clinic) – upcoming interview with an RN for the Clinic – this second RN position is new – plan to restart tobacco cession groups – St Joseph’s screen now in Electronic Medical Records (EMR) being used universally

Tim Lockwood (Executive Director, Catholic Charities of Cortland County) – starting 820 application – Sharon: OASAS has required half way and residential homes toward 820 regulations – trouble and difficult for providers

Sara Watrous (Cortland Area Communities That Care) – March to May next communications campaign begins to raise awareness of services relating to Opioid Use Disorder – community support – getting access to information from Columbia – next few weeks have session and invite partners to shape campaign – thank you to all the partners that helped support the last one / CACTC partnered with Access to Independence (ATI) applied for a grant for substance use support for people with disabilities – will get results in a few weeks

Amanda Howlett (Adult Services Manager DSS) – Warming Center statistics since December – average use 13 people per night, more than doubled from last year – over 111 people used the Salvation Army, 105 people used Grace Church and 193 utilized both locations – funding is only provided by the State for periods of 32° or lower – the services offered here are not provided in other places (i.e., laundry, food, showers, etc.) / Sharon: another Landlord meeting tonight – good attendance – trying to address the issues – DSS attends and City landlords and officials

Jeremy Miller (Helio Health) – updates regarding facilities in Utica, Rochester, etc. (note: COTI is now Outreach and Engagement) – Willows Inpatient Center; Syracuse – facility gives priority to pregnant people or people with newborns – Sharon asked Jeremy send a summary to Gail

Agenda Item: Director’s Report Sharon MacDougall



CD DCS report
1.2023.docx

January CD DCS report – CARS seeking support – OASAS multiple regulation changes to OASAS providers – CFR process is “web based” only – training coming up the end of January for fiscal officers – and more

Next meeting is February 8, 2023 – In person

Agenda Item: Adjourn Chair: Tiffanie Parker – Adjourned meeting at 4:26 p.m.

Questions about meeting minutes contact Gail Spitzer – gspitzer@cortland-co.org – 607-428-5482