

**CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING**  
**of CORTLAND COUNTY**  
**COMMUNITY SERVICES BOARD**

**Meeting Minutes – February 8, 2023 – 3:00 p.m.**  
**ROOM 302 COUNTY OFFICE BUILDING,**  
**60 CENTRAL AVE, CORTLAND**

**CHAIR: Tiffanie Parker ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall**

**Members Present:** Tiffanie Parker – Chair, Tim Lockwood – Vice Chair, Jackie Leaf, Beckey Lumley, Nicholas Lynch and Susan Watrous (6)

**Members Absent:** Amanda Howlett and Doug Bentley

**Others Present:** Sharon MacDougall (Director CCCS), Sandy Price (Legislator), Megan Stiles (SRS), Lindsay Meldrim (CCDMH Intern) and Gail Spitzer (Secretary) (10)

**Call to Order:** 3:05 p.m. – by Chair, Tiffanie Parker

Tiffanie Parker welcomed and thanked everyone for attending –

**Agenda Item:** Approval of Meeting Minutes January 8, 2023 – Motion requested by Chair, Tiffanie Parker

Minutes not prepared for approval – table until March meeting

**Agenda Item:** Vote: new Member Membership

Application received from Angela Romano, Family & Children’s Counseling Services – head of Outreach and Engagement team

✓ Motion by Nicholas Lynch, second Jackie Leaf – unanimously approved

**Discussion** F&CCS sent apologies – not in attendance as they are dealing with crisis situation / discussed Sara Watrous remaining as a member of the CD Subcommittee – Sharon: discussion about having a peer or parent as a member – Jackie Leaf recommended Health Department or Lindsay Meldrim – one more vacancy

**Agenda Item:** CACTC – HEALing Communities Sara Watrous

15 strategies – exciting work about Naloxone distribution – targeted and intentional – big trainings – outreach to unhoused individuals – outreach in rural communities – more regular mobile presence – working on vending machines – DOH workshop about Narcan “Leave Behind” program to any place first responders have responded to an overdose / STAP has a mobile van in town four days per week – a second mobile unit just started with funding on a State level – one mobile unit has a nurse on staff – can start the induction process – Sharon: asking for a one page flyer of day, date, time, place and contact information – discussion about not overlapping service and coordinating efforts – encourage communication between various agencies operating mobile units / in communication with Health Department to share the information reported about overdose deaths and information from ER’s – alerts can go out / New project :



MOUD Anti Stigma & Awareness Campaign

**Agenda Item:** 2023 Local Services Plan

Tiffanie: Next plan, 4 year – due June 23 – Tim: get people to look at the current – start thinking about what is missing, what is not needed any longer – SMART goals training by CACTC to help with the planning process – Sharon: CHA – Community Health Assessment and CHIP – Community Health Improvement Plan – look at Department of Health website – information will be helpful in preparation for working on the LSP

**Agenda Item:** Community Updates:

Sharon reporting on behalf of Captain Nick Lynch of the Jail – have a high risk incarcerated individual on suicide watch – jail providing wrap around support / closely working with F&CCS for MAT (medically assisted treatment) / still having logistical issues and spending money in repairs / approval from the Legislature to hire additional medical staff

Tim Lockwood (Executive Director, Catholic Charities of Cortland County) – September or October applied for homeless outreach worker through HUD/COC – it did not get funded, unfortunately

Jeremy Miller (Helio Health) – trying to fill a lot of positions – 277 open positions of about 1,200 throughout NYS – infrastructure issues – waiting for Governor’s Budget to finalize allocations

