

CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING
of CORTLAND COUNTY
COMMUNITY SERVICES BOARD

Meeting Minutes – March 3, 2021 12:00 NOON
Remote Virtual Meeting - WebEx

CHAIR: Matthew Whitman ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall

- Members Present:** Matt Whitman – Chair, Tim Lockwood – Vice Chair, Aris Dysert, Beckey Lumley, Nicholas Lynch, Tiffanie Parker, Robert Pitman and Amanda Rainbow
- Members Absent:** Jackie Leaf and Douglas Bentley
- Others Present:** Sharon MacDougall (Director CCCS), Amanda Stout (Family and Children Counseling Services), Sara Watrous, (CACTC – HEALing Communities), Tom Lipa (Teacher), Jonathan Crandall (Central RPGRC), Ashley Daily (Prevention Network), Connie Wierzbicki (Helio Health), Teresa VanHeusen and Patty Schaap (CCDMH), Haile Cutter (Intern for Patty Schaap) and Gail Spitzer (Secretary)
- Call to Order:** 12:06 p.m. – by Chair, Matt Whitman

Minutes

As everyone logged on, Matt Whitman requested everyone type their names in the chat portion of the screen

Agenda Item: Introduce New Members Welcome!

Aris Dysert from Conifer Park in Syracuse – Beckey Lumley with Catholic Charities of Cortland County – Amanda Rainbow with DSS

Agenda Item: Approval of Meeting Minutes February 3, 2020 Motion requested by Chair, Matt Whitman

✓ Motion made by Tiffanie Parker, seconded by Tim Lockwood – no comments or discussion, unanimously approved

Agenda Item: Rural Communities Opioid Response Program - Grant Matt Whitman, Director CACTC

Overlap with the County Plan (Sharon will discuss later) – RCORP Grant – through Health Resources and Services Administration – three year grant up to \$1m over the years – focus on prevention, treatment and recovery with required core activities – Sara Watrous and Matt build a consortium of members – many agencies represented here today are members; Catholic Charities, Family and Children’s Counseling Services, County Mental Health Department, Guthrie Cortland Medical Center, Cortland Prevention Resources, County Sheriff’s office, City PD, Family Health Network / many of the activities



Attachment 1_ Work
Plan.pdf

Matt broke down the specifics and requirements (attached above) – if awarded, grant will start in September 1, 2021 / Sharon MacDougall agreed that this will coincide with the County Plan goals

Agenda Item: Agency Updates:

Sharon MacDougall (Director Community Services) – Working with Sarah Watrous to begin sequential intercept mapping systems part 2 . first began July 2017 / SAMHSA Was awarded the grant to proceed – they have agreed to hold the sessions in person for the very first time since Covid – will take place in July or August / a event planning committee has been formed to work out the details in preparation

Aris Dysert (Conifer Park) – Conifer Park has begun a group for professionals; Monday nights at 5:30 – will pass flyer along to Gail for distribution

Jonathan Crandall (Central Region Problem Gambling Resource Center) – March is Gambling awareness month – build awareness to problem gambling / <https://nyproblemgambling.org/pgam>

Tim Lockwood (Catholic Charities) – Is Mental Health woven into the Work plan presented by Matt? – most grants begin focused on one discipline but as time goes on, they invariably become interconnected issues that have to be addressed – lots of the trainings for doctors and providers include overlap of services

Amanda (Mandy) Stout (Family and Children’s Counseling Services) – Mandy having technical difficulties and asked Sara to discuss their joint work with the ‘pop-up Narcen trainings’ – planning events in rural areas – very positive reception – Sharon showed pictures from the newspaper covering their pop-up event

Agenda Item: Director's Report Sharon MacDougall

Sharon displayed the Report on the WebEx screen (attached below) – Governor facing loss of Executive Order ability which has eased regulations – there is no timeline – will require Senate and Assembly signature – encouraging others to begin preparations for pre-Covid regulations; i.e., teletherapy being acceptable (without the video piece)



CD DCS report
3-2021.docx

Future Meetings: Opioid Crisis – harm reduction, stigma, correcting language, etc.

Presentation suggestions – Angela Sullivan, Tompkins County Alcohol Council / Patty suggested local halfway house – Beckey Lumley from CCOCC also a member

Matt Whitman – Next meeting will be April 7, 2021

Agenda Item: Adjourn Chair: Matt Whitman adjourned the meeting 12:48 p.m.

Questions about meeting minutes contact Gail Spitzer – gspitzer@cortland-co.org – 607-428-5482