

COMMUNITY SERVICES BOARD
OF CORTLAND COUNTY

Meeting Minutes – March 26, 2019 – 3:00 p.m.
Room 302 – COUNTY OFFICE BUILDING

Members Present: Tiffanie Parker (Chair), Shari Weiss (Vice Chair), Jeff Beal, Doug Bentley, Christopher Driscoll, Elizabeth Haskins, Christopher Hyde, Elizabeth Larkin, Donald Noble and Leslie Wilkins

Members Absent: Jesse Abbott, Martha Bush, Michael Johnson, Kathryn Reynolds and ReBecca Smith

Others Present: Mark Thayer (Director Community Services), Matt Whitman (Cortland Area Communities that Care), Patty Schaap (Cortland County Department of Mental Health – SPOA Coordinator), Lisa Roos (Guthrie Cortland Medical Center), Dale Davis (JM Murray), Alex Mikowski (Liberty Resources Mobile Crisis), Tim Lockwood, Julie Partigianoni and Denise Schulze (Catholic Charities of Cortland County), Michael Barylski, Cathy Bischoff and Beau Harbin (Legislators), Angela Sullivan (Alcohol & Drug Council of Tompkins County) and Gail Spitzer (Secretary)

Call to Order: Welcomed by Tiffanie Parker, Chair at 3:02 p.m.

Agenda Item: Introductions

Agenda Item: Approval of Minutes – February 26, 2019 Chair, Tiffanie Parker, asked for a motion to approve minutes

- ✓ Motion made by Douglas Bentley, seconded by Christopher Driscoll – no further discussion – minutes were unanimously approved

Agenda Item: Alcohol & Drug Council of Tompkins County – Open Access Center Angela Sullivan

Expanded and enhanced version of outpatient substance abuse treatment program – Triphammer Rd., Ithaca – 10 am to 6 p. m. Saturday and Sunday / goal: 24-7 access including over 19k square feet- eventual goal; open access, medically supervised withdrawal and stabilization – waiting for State funding (thank you to Cortland County for supporting its approval) – until beds are in place (44 inpatient) can assess and refer – goal to fill in gaps; keep people observed and supported (up to 23.5 hours until facility is fully functioning) / full vision is “flex bed” model providing service based on needs / Director of Marketing Emily Parker scheduling tours of facility / also medical office within this facility / first Cortland County resident came to Open Access / Clinical Director wanted to relay that DWI required assessments cannot be done at this facility yet / beginning to partner with COTI teams in Broome, Tompkins and will connect with Cortland / Chris Hyde offered to share more information about Certified Recovery Peer / Angela said the goal after evaluation is to make sure the person’s best interest is met and in their own communities when possible / contact her with referrals

Agenda Item: Betty Hatheway Fund Committee Mark Thayer

Mark gave a brief history of the establishment of the Hatheway fund and its initial intent and purpose was mental health education – the fund has sat idle for many years and the bank holding the funds determined it would need to close the account – formed a new committee as required in original specifications: CSB Director (Mark Thayer), two CSB members (Doug Bentley and Betsy Larkin) and two community members (Kathy Taylor and Jeannette Dippo) – goal to find way to utilize remaining funds quickly, while maintaining the original purpose, contributing toward the many fine projects going on in the community – originally, only interest was used – fund is currently approximately \$12,000 with interest of about \$52 per year / with unanimous consent of the CSB, principle can be utilized – asking CSB members to vote to accept the new board members as stated here

Chair, Tiffanie Parker asked for a motion to approve the slate members of the board to work fairly and without bias to until such time as the remaining money associated with the original Betty Hatheway Fund is used; with the oversight of the Community Services Board

- ✓ Shari Weiss made a motion to approve the slate of the Betty Hatheway Fund Committee, seconded by Leslie Wilkins – without further discussions, the motion was unanimously approved – document signed by the Chair, Tiffanie Parker

Agenda Item: Discussion 2019 – 2020 Annual Plan Mark Thayer

Community Services Board and Subcommittees charged with the responsibility of submitting an annual plan – this process begins at the Subcommittee level; benchmark progress if any, new goals – community surveys are sent as part of the process / with the help of CNY Directors’ Planning Group, including the regional comparison, tied in with local needs – opportunity to secure funding for shared needs – past years this led to funding for Mobile Crisis Team, Crisis Respite, etc. / other County departments also submit plans – look at consistency for community building opportunities – asking members to think about any previously unrepresented ideas / Subcommittees will work in April and May meetings to bring to CSB / Subcommittees Joint meeting on May 28 for approval before submission on June 3 / in Cortland, this document is used as a working plan for the year and beyond

Agenda Item: Membership Discussion – DD and MH Subcommittees

Gail Spitzer reported one vacancy in each of the two subcommittees – DD Subcommittee recently welcomed two new members, still one vacancy / variety of reasons for leaving the boards – any interested individuals are welcome and encouraged to attend meetings

Agenda Item: Subcommittee Reporting

Shari Weiss, Chair MH Subcommittee – Leslie Wilkins proposed the idea and discussion of possible ways to recognizing individuals and/or organizations doing good work in the community, meaningful recognition (A Nod to Excellence) / Shari gave a detailed update relative to the rise of homelessness in our County; shared data and possible causes – what programs and interventions are being used, what is still needed / MH Awareness month in May

Matt Whitman, Chair CD Subcommittee – Presentation by Aaron Bach; new TC3 recovery programs on campus; exploring ways to continue financing programs – this grant expires in April

Jeff Beal, Chair DD Subcommittee – Meeting was hosted in the business work center of JM Murray, including a tour of the facility – how they have successfully integrated to remain open and complete contract work even after the State required an end to the “Sheltered Workshop” / April 2, meeting will have presentation by Aaron Wilson new coordinator Person to Person which is a citizen advocacy program and Jackie Fahey, Clinic Director from MC ARC Clinic to discuss progress within their services / Murray Center has been working with ATI, schools and Charities, in finding other new job opportunities; transitioning out of schools or after involvement with legal system – help to (re) establish employment

Agenda Item: Agencies / Hospital / Departments Update

- Tiffanie Parker (Department of Social Services): April is Child Abuse Prevention month – pinwheel program through Child Advocacy Center – sold in various departments – money collected, purchasing pinwheels contributed in support of CAC – can wear blue in support on April 5 – Kristen Beard contact: 753-5087 / Homeless population – have an intern at DSS project: “coordinated entry”, gathering information from individuals reporting as homeless to secure data, help connect to programs – DSS reporting 43 individuals and 7 families being housed; decrease from prior month / Mike Barylski asked if data was being collected relative to reason for homelessness – Tiffanie: parolees, job loss, maintaining affordable housing, behavioral needs, etc. / follow up questions to Brian Moore and Commissioner Kristen Monroe
- Shari Weiss (Catholic Charities of Cortland County) – part of the Southern Tier Homeless Coalition (6 counties) – receiving HUD funding for housing programs – attended symposium in Albany last week – number one cause affordable housing / programs busy, full and CCOCC continues to look for new opportunities to meet needs in the community
- Elizabeth Larkin (County Clerk, parent advocate) – DMV and County Clerks April is “Donate Life” month – encouraged to be organ donor
- Doug Bentley (County Legislator) – encouraged anyone who has not seen move Resilience to do so – how adverse childhood experiences affect people’s lives; weight, diabetes, mental illness, etc.
- Christopher Hyde (COTI Program – Family & Children’s Counseling Services) – word spreading in this area, making small progress in Herkimer County – will be hiring peers in that county / explained the peer certification process – there are scholarships available to cover cost – Angela Sullivan: training will be provided in Tompkins County at their Open Access Facility
- Dale Davis (JM Murray) – continuing march towards Managed Care
- Christopher Driscoll – attended a resource fair at Homer High School, met with staff – explained services offered through DSS – plan to develop a reference chart of services and plan to meet again
- Patty Schaap (Single Point Of Access for children – SPOA) – sources for referrals are varied; hospitals, schools, family – current structure changing to a Health Home model / (Suicide Prevention Coalition) – Patty, Leslie and Chris Driscoll meeting April 30 at Guthrie Cortland Medical Center conference room – with Garra Lloyd-Lester from State’s Suicide Prevention/Awareness Department to help develop / (Think Ahead Group – TAG) MH Awareness Walk May 16 Thursday at noon, partnering with ATI / (Trauma Response Team) still active and running – any group; i.e., school, first responders, emergency room staff, county departments – experiencing a trauma can contact TRT volunteers will deploy teams to any location, for triage and referral – looking for volunteers; upcoming trainings – 345-1819 to contact TRT
- Leslie Wilkins (Cortland Prevention Resources – CPR div. FCCS) – Getting many calls from schools, not just in Cortland County, asking for help addressing huge increase in students who are vaping
- Lisa Roos (Guthrie Cortland Medical Center - GCMC) – MH Department of GCMC will be offering ECT therapy, both in and outpatient, beginning in June / grant awarded by NYS to redo the MH unit – doing site visits, planning and researching / renovations to emergency room, adding three to four ER holding rooms for MH patients. safe and family friendly – Mark: possibly help by getting peer feedback, anyone who has been in the mental health unit to provide input; perhaps discuss at MH Subcommittee / have been following complex care protocols; connecting with Mark, Chris Driscoll – meeting to discuss and find solutions in the case of a hard to place child – in cases of a developmentally delayed child or when behaviors are dangerous, making placement in a psychiatric hospital difficult; these meetings are shorting the whole process – kudos to that team!
- Elizabeth Haskins (Office of the Aging) – department conducting their community needs assessment survey; appreciate any input – Enrichment Day, annual event, will be held on June 4 at SUNY Cortland – Acting Director of the State Office for Aging will be there addressing State initiatives / Senior Citizen of the Year award – looking for nominations by April 19 – for anyone 60 or older doing an outstanding job in the County / starting another class A Matter of Balance in the Senior Center – May 6 / very high number of “scams” being perpetrated in this area
- Beau Harbin (Legislator) – Vice Chair of Southern Tier Eight Regional Planning Board – on April 10 – Industry Summit; recruiting, training and retaining a person in recovery in Endicott, NY from 8 to 10 a.m. – more information: <https://southerntiersummit.com/> or contact Beau: 607 275-4292
- Tim Lockwood (Catholic Charities of Cortland County) – will have “imbedded care management” person at CCOCC – they will working in the community meeting with individuals to determine their needs and helping to connect with services

- Julie Partigianoni (Wishing Wellness Center div. CCOCC) – continuing outreach program in community; in GCMC, halfway houses and anxious to get back into the jail when it opens / April 9 – peer conference in Syracuse; creating opportunities for peer workforce
- Alexandra Mikowski (Liberty Resources – Mobile Crisis) – teams (therapist and case manager) in four counties, each with local staff, after hours – have been operating just over one year – very busy; one team received 4 calls in 2 hours – needed service and will be hiring peers to become part of the process
- Cathy Bischoff (Legislator) – new to this process, will be attending these meetings whenever possible – appreciated invitation to attend
- Denise Schulze (HCBS/HARP Coordinator for CCOCC) – began this position two months ago and currently signing up first person to receive HCBS Services – very involved process with many steps – visiting other counties having success with HCBS enrollments and services
- Matt Whitman (Cortland Area Communities that Care – CACTC) – Submitting a grant to SAMHSA on Friday to address preventing and reducing underage drinking; ages 9 to 20 – up to \$1.5M over 5 years – have 6 targeted outcomes and strategies – partnering with CPR to provide “Too good for drugs” programming in rural schools – partnering with CSB to help implementation of SBIRT (Screening Brief Intervention Referral Treatment) for youth in community / Homer Schools have agreed to participate in the school surveys; previously only school in County that did not participate / April 27 Drug Take Back – Disposal Event in four locations though County / Two screening of Smacked; how two NY counties came together to address opioid crisis – April 23 Cortland High School, April 25 TC3 – both followed by panel discussion

Agenda Item: Director’s Report (Copy provided) Mark Thayer

- Two openings at the MH Clinic (LMSW and Medical Services Clerk) – one remaining part time MH Program Aide opening Family Support Services – one Aide hired
- Next Justice League meeting scheduled for May 8 from 2 to 4:00 p.m. at the Cortlandville Firehouse meeting room
- Moving forward with new substance use treatment and services in the Jail - \$60K in Governor’s budget 2018; advocating to continue on an annual basis – Senate and Assembly both including additional funding in budgets / working with (FCCS)Family & Children’s Counseling Services COTI program to provide additional support in the Jail and transitioning on release
- Care Compass funding three cohorts in Cortland – Mark involved with cohort at GCMC with focus on impacting prevention services to reduce hospitalizations / FCCS cohort – ACES (Adverse Childhood Experience Study / FHN cohort – impacting childhood obesity
- Columbia University – CHASE grant – Cortland one of 15 counties in the State to be considered – early April announcement anticipated – finance and expand many services already provided in County – also funds two positions: a data coordinator and a grant director
- Regional meetings: Peer Recover Centers – with Regional and State OMH representatives (3/27) / CNY DPG hosting Jail Services in Oswego County – discuss State’s primary push to begin recovery treatment in jails (3/29) / CNY DPG regional, cross-system group – coordinate resources to resolve barriers to high need individuals (4/9) / OPWDD, OMH, OCFS – CNY DPG plan cross-systems training for individuals with more than one diagnosis (i.e., hospitals, mobile crisis, etc.)

Discussion: Opportunity Community – Doug Bentley talked about the initiative and next meeting May 9 / Mark: ask CAPCO representative to present to next CSB meeting or Joint meeting as this topic ties in with many of the community’s programs

Next Regular CSB Meeting – **Room 304** – County office building April 23, 2019 – 3:00 p.m.

Agenda Item: Adjourn Chair, Tiffanie Parker asked for a motion to adjourn

- ✓ Motion made by Shari Weiss, seconded Betsy Larkin – meeting adjourned 4:35 p.m. / Tiffanie thanked everyone for coming

**JOINT CSB / SUBCOMMITTEES – MAY 28, 2019 at 3:00 p.m.
AT THE CORTLANDVILLE FIREHOUSE – Route 13**

****Electronic Packets of approved minutes and Director’s Report available upon request****

Minutes and notes submitted by Gail L. Spitzer
Inquires may be made to:
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