

CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING
of CORTLAND COUNTY
COMMUNITY SERVICES BOARD

Meeting Minutes – April 5, 2023 – 3:00 p.m.
Alcohol & Drug Council of Tompkins County
201 E Green St., Suite 500, Ithaca NY

CHAIR: Tiffanie Parker ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall

Members Present: Tiffanie Parker – Chair, Tim Lockwood – Vice Chair, Jackie Leaf and Amanda Howlett

Members Absent: Beckey Lumley, Nicholas Lynch, Sara Watrous and Doug Bentley

Others Present: Sharon MacDougall (Director CCCS), Aster Parrott (CACTC), Angela Romano (F&CCS), Jeremy Miller (Helio Health), Angela Sullivan, Stacy Cangelosi and Emily Parker (Alcohol & Drug Council of Tompkins County), Megan Stiles (SRS), Haile Cutter (CCHD/SPEAK Up Cortland) and Gail Spitzer (Secretary) (10)

Call to Order: 3:05 p.m. – by Chair, Tiffanie Parker

Tiffanie Parker welcomed and thanked everyone for attending – Introductions

Agenda Item: Approval of Meeting Minutes January 8 and February 8, 2023 – no quorum

Agenda Item: Membership Conversation

Two vacancies, two applicants – vote by H&HS and full Legislature in April

Thanks to A&DCT for hosting this meeting – with coffee and cookies!

Agenda Item: CACTC – HEALing Communities Aster Parrott

CID Funding & OASAS Opioid funding – spent past year getting community partners together – look at data and menu of evidence based strategies – put together an action plan – there are 14 strategies and just over \$260k community dollars to fund them – example expanding mobile outreach to include weekends and rural areas – funding for one Narcan vending machine / most community members involved in Cortland County; Columbia impressed / Sharon MacDougall: Columbia came to Cortland County last week – met with many agencies and those getting the community impact dollars – other counties tried to handle this internally; i.e., Health Departments – thanks to CACTC for developing this process – thanks to all the agencies who have participated – community impact dollars have to be spent by the end of the year – most money has been earmarked – Angela Romano: F&CCS has hired two outreach workers / Sharon: Sustainability has been and will continue to be a priority

Agenda Item: Catholic Charities of Cortland County – 819 to 820 transition Tim Lockwood

Currently operate under OASAS regulations called “819” – all elements used to run an OASAS program – 7 years ago, approximately began talking about transition to “820” – consists of redoing all policies and procedures to match new regulations – methods – goal, to complete by the end of September – changes will be presented to CCOCC Board, then to OASAS for approval – biggest change relates to how people are admitted to half way houses / Sharon – there is incentive in 2023 only – between \$50k and \$100 / this committee will be able to give letters of support

Agenda Item: Community Updates:

Sharon MacDougall (County MH Clinic) – still searching for a Clinic Director – in process of interviewing, going into 2nd interviews – doing very well in other areas of staffing – youth services; increasing the number of therapists and NPP with specialty training to help children / OMH clinic incentive for medically assisted treatment (step-down therapy only) – no intention of integrating services – divert more quadrant needs, dual diagnosed to F&CCS

Angela Sullivan (Alcohol & Drug Council of Tompkins County) – in process of hiring about 30 people – 3 levels of care – new program director for residential programs – first cohort of peers through TC3 CERPA training – hired four / giving tours of facility for last month – over 300 people / biggest barrier currently from being available 24/7 is the need to hire 6 RN’s / shared regional access; 9 county territory / hoping for early May

Haile Cutter (SPEAK UP) secured two dozen lockable medication boxes – if interested rcutter@cortland-co.org / raised questions for discussion – can medications used for MAT also be recreational (yes) and discussion of Federal laws, rules, face to face meetings for medications – DEA under review to change requirements – reduce barriers to therapy and treatment

Amanda Howlett (Adult educator OCM BOCES) – free, in person, classes on Thursdays – teach patient advocacy class – 8 weeks (8:30 to 4:00) – covers all disciplines (OMH, OPWDD, OCFS) – medication techniques, difficult conversations, de-escalation, etc. – broaden range of skills for staff – BOCES certificate at end of class – also, Guthrie has a grant that pays for National Certification test to become a Nationally Board Certified advocate – front desk staff, care managers, many staff can find value related to their jobs

Megan Stiles (SRS) – hired a mental health coordinator who will be completing training and education and will be an NPP by the end of the year

Angela Romano (Family & Children’s Counseling Service) received authorization for a Narcan vending machine – working on placement

Jeremy Miller (Helio Health) – Binghamton inpatient facility; expansion construction / remodeling outpatient clinic in Syracuse / currently looking for approximately 200 people to fill vacancies across 5 markets – Saturday May 6 “Run for Recovery” – currently employ over 1,200 including contractors

Agenda Item: Director’s Report Sharon MacDougall



CD DCS report
4-2023.docx

Links imbedded – Opioid Settlement Funds – funding and other sources, including grant opportunities – Legislature is meeting to discuss the County share – OASAS sent each of the County MH departments – abatement settlement funds – notified about that money in late February – left 4 weeks to develop a plan – focus on goals – from OASAS Cortland County \$313k for 2023 – through the LGU and will change every year and last 18 years – focus on gaps in treatment (822 outpatient OTP clinic) – attracted CARS to open a Clinic in Cortland County – recovery and prevention efforts and detox crisis stabilization are goals – OASAS approved – resolution going through the Legislature to approve funding stream - \$96k will go to Alcohol and Drug Council of Tompkins County; provide services to Cortland County residents – \$96k will go to F&CCS towards expansion of Outreach and Engagement and peer services - \$96k CARS as they work to expand into Cortland County - \$10k to fiscal administrator for reporting to OASAS for the next 18 years & \$15k to CACTC for data reporting, funding their epidemiologists – County share is \$250k

CACTC other grants through SAMHSA – for homeless / co-occurring and transitioning through the legal system / CACTC is willing to assist and starting to help pull data to apply for grants

Covid Updates – restrictions ending May 11

Social Media expert intern Sinem Guler

Next meeting is May 3 at THE COUNTY OFFICE BUILDING – Room 302

Agenda Item: Adjourn Chair: Tiffanie Parker – Adjourned meeting at 4:24 p.m. – TOUR OF A&DC of Tompkins County -

Questions about meeting minutes contact Gail Spitzer – gspitzer@cortland-co.org – 607-428-5482