

COMMUNITY SERVICES BOARD
OF CORTLAND COUNTY

Meeting Minutes – April 19, 2023 – 3:00 p.m.
Cortlandville Firehouse Meeting Room

Members Present: Kathryn Reynolds (Chair), Douglas Bentley, Elizabeth Larkin, Tiffanie Parker, Richard Shaw, Cynthia VanPatten-Young and Matthew Whitman (7)

Members Absent: Vice Chair, Alexandra Mikowski, Kimberly Corbett, Dr. Janet Johnson, Jackie Leaf, Timothy Lockwood and Julie Partigianoni

Others Present: Sharon MacDougall (Director Community Services), Patty Schaap (Deputy Director CS), Kathy Taylor (National Alliance on Mental Illness), Amanda Stout (F&CCS), Tammy McCall (DSS), Jeannette Dippe (American Foundation for Suicide Prevention), Haile Cutter (County Health Department), Jamie Kelly (OPWDD), Jeremy Miller and Tania Lyons (Helio Health), Aster Parrott and Nicole Carter (CACTC), Melanie Vilardi (Deputy County Administrator), Shannon Coffin (JM Murray), Donovan Garcia (Clear Path for Veterans), Phoebe Taylor-Vuolo (WSKG Radio), Rudi Hendricks and Julia Gutiewicz (CCOCC), Kurt Kleefeld (STAP), Cristin Marshall (SPOA Coordinator County MH Department), Sinem Guler (Intern CDDMH), Dr. Mecke Nagel (United Voices of Cortland) Gail Spitzer (Secretary) (?)

Call to Order: Welcome and meeting called to order at 3:09 p.m. (WS700534)

Agenda Item: Introductions – around the room

Agenda Item: Approval of Minutes January 31 and March 22, 2023 No quorum

Agenda Item: Update – Ad Hoc Meeting Sharon MacDougall

By-Laws Update - Paused last year County was discussing the possibility of becoming a Chartered County which would change the structure of the Local Government Unit – no updates or changes since 2013 – time to review to ensure still applicable – By-law membership might need to change based on the current NYS budget – budget process may include updates that would include an alteration to the membership

Local Services Plan – SMARTIE Goals (Specific, Measurable, Achievable, Realistic, Timely – Inclusive and Equitable) four year cycle for the first time – how to format, how to structure – include voice of peers – began by looking at National behavioral health trends; last 3 to 5 years – then looking at Statewide data and finally, County data – there are clear trends – plan to finalize by June – County plan should align with the State – helps to maximize resources for Cortland – contact Sharon if you would like to be part of the discussion

Agenda Item: NAMI – National Alliance on Mental Illness – Kathy Taylor

As a family, NAMI changed her family’s fear to understanding – office in the Commons in Ithaca, sharing space with MHA – updated resources and information – NAMI is all volunteer – trying to do fund raising – have planned a “walk” – May 6 – join existing team or volunteer at the event



NAMI Finger Lakes.pdf

Agenda Item: HEALing Communities Study Matt Whitman, Aster Parrott and Nicole Carter - CACTC



Action Plan Overview updated 04.19.2023.p



CSB update 19 April 2023.pdf



CSB Update 04.19.2023.pdf

Columbia approved finalized action plan – determining best way to implement – study has some resources like training and technical assistance to help implement approved strategies / plan includes expanding “outreach” with hours and locations (i.e., rural parts of County), part goes to data collection – what works and what doesn’t and why / discussion about syringe exchange – Sharon MacDougall: locations are determined regionally by the NYS Department of Health / discussion of OASAS approved 3 mobile units to operate in Cortland County – CARS is finalizing approval to open an OTP 822 in Cortland – any funding as part of this project is being used inside Cortland County – Aster: syringe programs are outside the scope of HEALing Communities / Matt Whitman – CACTC continues to advocate for syringe exchange outside the work of the HEALing Communities

Kurt Kleefeld (Southern Tier AIDS Program) – 2 mobile units in Cortland County – one, RCC Grant (Rural Care Coordination) team of 5 “harm reduction services” / Community Impact Dollars of the HEALing Community Study does not apply to STAP as they do not have a Cortland County approved contract – also not seeking funds from the Opioid settlement fund – STAP is one of the NYSDOH authorized Syringe Exchanges as follows: https://www.health.ny.gov/diseases/aids/consumers/prevention/needles_syringes/docs/sep_hours_sites.pdf also Narcan distribution / Other unit “HC” unit – team of 3, RN and two harm reduction specialists – in Cortland County 4 of 5 days per week between the two units – NYS DOH discontinued the RCC Grant – STAP providing funding to continue to serve Cortland

Agenda Item: Director's Report Sharon MacDougall



4-2023 CSB Directors
report.docx

NYS and the Attorney General, through significant law suits against pharmaceutical companies, were found to be at fault influencing the use – essentially causing the Opioid crisis – 18 to 26 years of sustained funding streams, in multiple ways – money will be used to fill gaps, i.e., OTP 822, (Outpatient Treatment) crisis stabilization services and detox, inpatient substance use treatment are a huge gap, services not available in Cortland County – partner with Alcohol and Drug Council of Tompkins County – closest facility with comprehensive services and peer support of Family & Children's Counseling Services as the other OASAS provider (dual services) in Cortland County

Change order due to time constraints

Agenda Item: Monthly Compliance Report Patty Schaap, Corporate Compliance office

New regulations from Office of Medicaid Inspector General (OMIG) – went into effect 3/31/2023 – CSB membership and staff at the Clinic will have trainings, as part of the compliance / Compliance Committee met on April 19, 2023 – reviewed policies for the billing and clinic departments – discussed the role of Compliance Officer and Deputy Director of Community Services to note any concerns with the time commitment – it was noted that there were concerns with the new regulations effecting the dual role / Kim Corbett, DD Subcommittee Chair and Executive Director of Springbrook has agreed to chair the department's Compliance Committee meetings – we have developed a training schedule for compliance that incorporates discussion on a regular basis – Patty is completing the OMIG Self-Assessment with Coordinated Care Services, Inc. (CCSI) to identify risk areas

Agenda Item: Community Partner Update

Kathy Taylor (NAMI) – NAMI Finger Lakes is hosting its first MH Month Walk in Ithaca – May 6 at 11:00 – met fund raising goals / MHA Dinner May 18 at Cortland Elks

Elizabeth (Betsy) Larkin – Chair of MH Subcommittee – discuss other events going on in May to coincide with MH Month – May 4 Cortland walk at YMCA / May 10 Panel discussion at the Cortland Elks Club – alternative MH and wellness resources – free event 5 to 7 pm

Tiffanie Parker - Chair of CD Subcommittee – last month, met at the Alcohol and Drug Council of Tompkins County – thoughtfulness in designing facility; i.e. private entrance – toured after meeting – open for tours / had an update from HEALING Communities and CCOCC moving from 819 to 820 transition re: OASAS residential /

Tania Lyons (Helio Health) – opening crisis center in Onondaga County, also serves Cortland County – hoping to open mid-July

Matt Whitman (CACTC) applying for two SAMHSA grants: MH training and substance use experiencing homelessness

Jamie Kelly (OPWDD) – efforts to continue some of the things approved during the pandemic – Sharon MacDougall: CSB road trip in May to Johnson City Springbrook property – similar to a project which will be built in Cortland – mixed residential program / Homer sponsoring Olympiad – based on special Olympics

NEXT MEETING: May 17, 2023
Springbrook – Century Sunrise 135 Baldwin St., Johnson City NY

Agenda Item: Meeting adjourned 4:34 p.m. by Chair Kathy Reynolds

Minutes submitted by Gail L. Spitzer
Inquires may be made to:
gspitzer@cortland-co.org
607-428-5482