

MENTAL HEALTH SUBCOMMITTEE
CORTLAND COUNTY
COMMUNITY SERVICES BOARD MEETING

Meeting Minutes – September 9, 2019 – 3:00 P.M.
Room 302 – County Office Building

Chair: Shari Weiss, Ph.D.

Vice Chair: Ellen Wright

Director: Mark Thayer

Members Present: Shari Weiss (Chair), Ellen Wright (Vice Chair), Cynthia Guy, Elizabeth Larkin and Susan Thomas

Members Absent: Christopher Hyde, Darlene Latten and Leslie Wilkins

Others Present: Julie Partigianoni and Brittany Van Winkle (Catholic Charities of Cortland County), Myriah Dolson (Guthrie Cortland Medical Center), Michael Barylski (County Legislator), Jennifer Talarico, Marguerite Falso and Pamela Foley (Family & Children’s Counseling Services), Alex Mikowski (Mobile Crisis Services-Liberty Resources), Douglas Hart (Hillside Children’s Services), Erika White (Employment Connection), Patty Schaap (CCDMH SPOA Coordinator) and Gail Spitzer (Secretary)

Call to Order: 3:00 p.m.

Meeting Minutes

Note: Chair, Shari Weiss thanked and welcomed everyone for attending, after the two month meeting break / Mark Thayer would not be attending today, as he is at a conference for CLMHD – Shari asked that everyone look over the Director’s Report (attached for review and acknowledged for the Minutes)

Agenda Item: Introductions

Agenda Item: Discussion: Next meeting date – second Monday falls on Columbus Day holiday – discussion of alternate dates – date alternatives will be discussed and email for consensus – [Date chosen: Tuesday, October 15]

Agenda Item: Approve Minutes of March 11, Notes of April 8 and Minutes May 13, 2019 Motion requested Chair Shari Weiss

- ✓ Motion made by Ellen Wright, seconded by Cyndi Guy, no discussion or changes – unanimously approved

Agenda Item: Presentation: Early Recognition Screening – information and updates (F&CCS – informational sheets provided)

Pam Foley (Care Coordinator): Thanked MHS for invitation to present – ERS is a County funded project, previously funded by NYS OMH Grant / Pam gave background information on the F&CCS; history, recent merger with Binghamton facility, new building housing all programs and new name – explained different programs and community/school based services – Community Outreach Supervision; providing Navigation, Medicaid Health Home Care Coordination, CHAMP and ERS – handle any insurance issues in their office

Referral form part of handout – to help anyone enroll in any of the F&CCS programs; form can be faxed right to their office / walk-in intake appointments available every day – Patty: Take crisis appointments? – Jennifer Talarico: F&CCS does not considered itself a “crisis center” – will meet and assess but generally results in hospitalization (discussion of what constitutes a crisis and how are they assisted)

Marguerite Falso (ERS Coordinator): ERS screens for social and emotional health – form (copy provided) completed by parents, point scale of evaluation – parents are contacted if their child scores high, indicating concern or “at risk” / surveys are sent from schools in October (approx. 24% completed and returned) and from pediatrician offices during “well” visits – average 74 screens per month from doctors’ offices – approx. 12% contacted for referral / Pam and Marguerite are new to the ERS process and do not have historic numbers for comparison

Marguerite: referral example listed based on frequency; i.e., school based counseling, FCCS office – open intakes, CPR, LGBTQ drop-in center, etc.- have developed a Community Resources Guides – also utilize State and community non-profit organizations (ALANON, YMCA, etc.)/ Patty: are there any care management referrals? Marguerite: most referrals coming to FCCS are referred to FCCS care management services, within – if already connected to CCOCC, may refer back – FCCS does not provide care management for anyone younger than 18 – FCCS provides Health Homes for adults / children in need of Health Home services are referred to CCOCC for case management / Alex Mikowski: other resources available to avoid hospitalizations, etc.: referrals to care management, SPOA, mobile crisis teams (after hours)

Agenda Item: Agency/Department/Coalition/Hospital Reports and Updates

Alex Mikowski (Liberty Resources/Mobile Crisis) – very active in Cortland County, averaging 45 calls per month, large number diverted from hospitalizations – promotional material available / working to expand hours – will be working to coordinate with schools, police agencies etc. to find most effective way to utilize teams

Erika White (Employment Connection/JM Murray) – HCBS Services are up and running – will be contacting agencies sharing other OMH services available; i.e., ACE program – being under-utilized in the community / any questions about services available: Erika: [607-756-0246](tel:607-756-0246)
erikaw@jmmurray.com

Patty Schaap (SPOA Coordinator, PSY Director, SPEAK UP Cortland, etc.) – Tomorrow is World Suicide Prevention Day – wear purple to acknowledge / Food for Thought presentation: Talk Saves Lives AFSP (American Foundation for Suicide Prevention) basic training, how to open conversations – 1 hour long training / many other trainings will be coming to the County / SPEAK UP Cortland – Suicide Prevention, Education, Advocacy, Knowledge, Understanding and Perseverance: new branding for the Coalition – next meeting September 25 from 8:30 to 10:00 a.m.; location to be determined – still working on strategic plan – will be sending a survey to all agencies, organizations, schools, etc. next week / SUNY Cortland partnered with AFSP hosting a fund raiser November 8, tabling event (Friday evening 6 to 8:00 p.m.)

Susan Thomas (PTRT) "Post Trauma Response Team" – goal to prevent PTSD – several on-call teams prepared to work with groups or individuals who have experience a trauma/tragedy; imparting coping skills, referrals to service and general triage and debriefing, as needed – first responders, etc. – Patty: Seven Valley Health Coalition hosting event, link to their website to learn more: https://docs.wixstatic.com/ugd/f06d2c_afedffc8393f4f78a242eb64d68ec201.pdf

Jamee Sobko (Director of Family Support Services/County Department of Mental Health) – continuing to prepare for the transition to CFTSS and HCBS – many trainings and webinars to prepare staff

Susan Thomas (Racker Day Treatment at BOCES) - at capacity – licensed by OMH; "last stop" for many children in providing mental health treatment – try to prevent from transitioning to a higher level of care – children from 23 different school districts – children receive mental health treatment, psychiatry, medication management, family therapy, all in the school / launching huge social/emotional learning curriculum / try to return students to their home school districts – some children just need a specialized setting and stay with BOCES during most or all of their educational career / different levels at BOCES offered / also After School Program; County funded program – really excited this year's programs

Brittany Van Winkle (Catholic Charities of Cortland County) – went through recertification process with OMH; renewed for another 3 years

Julie Partigiani (Wishing Wellness Center Coordinator/CCOCC) – Busy HCBS up and running – working with one referral / WWC reopened after damage from broken pipes / short staffed – delay in releasing new calendar of events – will be sent soon / changing hours soon to allow for more office time, will close on Tuesdays / back into the Jail, providing variety of services – helping to transition people out

Elizabeth Larkin (Cortland County Clerk) – Extreme Risk Protection Order Act went into effect – person reportedly in risk of doing harm to themselves or someone else, may have all firearms removed by court order – any mental health records collected in the process is to be kept sealed and confidential / establishment of housing commission legislation passed both Houses "a temporary commission for the evaluation of Office of Mental Health..." Shari Weiss: to analyze how money is being spent on housing – waiting for Governor to sign bill – bipartisan effort

Doug Hart (Hillside Children's Center) – still temporary hold on referrals – seeking staff to fill open positions in respite, family peer advocate and care giver, youth mentor, waiver service provider: <https://hillside.referrals.selectminds.com/jobs/search/570170>

Myriah Dolson (Guthrie Cortland Medical Center) – new President, Jennifer Yartym / discussion ED policies with Susan Thomas – Myriah will take concerns back to ED manager – Alex Mikowski mentioned the "Emergency Services" meeting held at Guthrie, ever other month, attended by Mark Thayer and various agency representatives to discuss any problems or concerns encountered

Michael Barylski (County Legislature) – Referenced Mark Thayer's Director's Report – proposed budget referenced in report County share less than last year, due to Mark finding additional sources of revenue, requiring a smaller contribution on behalf of the County

Next Cortland County Justice League meeting September 18, 2019 at 2:00 p.m. in the Cortlandville Firehouse meeting room

Re-Entry Committee meeting to be rescheduled – date will be announced (tentatively October 4, 10 a.m. to noon at McEvoy BOCES)

Agenda Item:	<u>Adjourn</u>	Chair, Shari Weiss thanked everyone for attending and asked for a motion to adjourn
✓	Motion by Ellen Wright at 4:03 p.m. meeting adjourned	

Next Regular MH Subcommittee meeting Tuesday October 15, 2019

Minutes submitted by Gail L. Spitzer
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Approved minutes available on County Website:
www.Cortland-Co.org/433/Mental-Health