

CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING
of CORTLAND COUNTY
COMMUNITY SERVICES BOARD

Meeting Minutes – October 2, 2019 12:00 NOON
Room 302 – COUNTY OFFICE BUILDING

CHAIR: Matthew Whitman ~ VICE CHAIR: ReBecca Smith ~ DIRECTOR: Mark Thayer

- Members Present:** Matt Whitman – Chair, ReBecca Smith – Vice Chair, Christopher Driscoll, Michael Johnson, Timothy Lockwood, Tiffanie Parker, Robert Pitman, and Douglas Bentley
- Members Absent:** Jesse Abbott and Judi Riley
- Others Present:** Aaron Bach and Kurt Warner (Catholic Charities of Cortland County), Thomas Lipa (TC3), Jonathan Crandall (Central PGRC), Angela Helms (Beacon Center), Myriah Dolson (Guthrie Cortland Medical Center), Patty Schaap (CCDMH) and Gail Spitzer (Secretary)
- Call to Order:** 12:03 p.m. – by Chair, Matt Whitman

Minutes

Introductions

Agenda Item: Approval of Meeting Minutes September 4, 2019 Motion requested by Chair, Matt Whitman

✓ Motion made by Tiffanie Parker, seconded by Christopher Driscoll – no discussion, minutes unanimously approved

Agenda Item: SAMHSA Grant and SBIRT Matt Whitman, CACTC

Brief overview – Cortland Area Communities That Care has been awarded a SAMHSA Federal grant to address underage drinking – ages 9 to 20 / \$1.5 million over the next five years, began October 1 / four main objectives – 1) rate of binge drinking, increase over last 5 years in 11th and 12th graders 2) increase in 30 day use in grades 8 through 10 – use doubles from 8th to 9th grades and again from 9th to 10th 3) increase prevention messaging for both students and parents 4) address service gaps in alcohol prevention especially the higher rates in rural populations / develop media and education: social marketing campaign addressing binge drinking, addressing grades 10 and 11 / develop social “norming” campaign for younger age groups which tries to change the norm / media campaigns targeting parents and the community / support the expansion of the “Too Good For Drugs” campaign – evidence based program currently run by Cortland Prevention Resources (div. F&CCS) in the Cortland School District / will support a part time position at CPR to bring that program into one of the rural school districts / Last part of grant is to provide funding to local law enforcement to increase “party” patrol efforts; addressing primarily the underage binge drinking

Implement SBIRT (Screening, Brief Intervention and Referral to Treatment specifically for 9th grade students – with goal of screening at least 50% of all 9th graders by end of fifth year – will be purchasing software to expedite and expand screening opportunities – SBIRT trainings will be provided to school staff, physicians or anyone willing to go through the process

Additionally, with this grant will be hiring an epidemiologist (scientist who studies disease/sicknesses within populations of people – health professionals who analyze causes and patterns) accepting resumes now (received 30 to 40) – will be going through strategic planning process, implementing in Spring – will be narrowing and hope to hire someone local / Tiffanie Parker (DSS): youth who have dropped out of school may be able to participate – sources such as DSS, Probation, CCSI – for SBIRT / Matt: SBIRT Reimbursable service to anyone able to bill Medicaid through DSRIP

Agenda Item: Agency / School / Coalition / Hospital Updates

Matt Whitman (CACTC) – Saturday Annual Drug Take Back Event – 4 locations – 1139 pounds of drugs collected and destroyed – additionally, Guthrie Cortland Medical Center 292 pounds in their new kiosk / Total, April and September events and with hospital added in, there have been 3,392 pounds of prescription drugs, a 9% increase from last year

Tim Lockwood (Catholic Charities of Cortland County) – Chief Pitman put on a great safety training for staff – very well received, although some video and audio difficult to sit through / “Solutions To End Homelessness” grant was awarded – officially started October 1 – hiring staff – Grant to assist homeless or at risk of becoming homeless – targeting November for full staff – goes through Coordinated Entry to determine eligibility

Doug Bentley (County Legislator) – have been working to recruit “angels” as part of DA Perfetti’s “Angel Program” – had first person asking for help on Sunday – Patty asked if there was follow up plans – Doug said those types of procedures have not been established – know more about what is missing as service is utilized

Angela Helms (new program director at Beacon Center) – (Interested in “active shooter training”) – Center has been very busy – have received many referrals

Kurt Warner (CCOCC) – Permanent supportive housing has been at 100% occupancy and 100% employment

Aaron Bach (CCOCC) – Transitional housing has been quiet this month – there are openings

Michael Johnson (F&CSS – COTI Program) – Under new management, Alex Mikowski just beginning as Director – has been busy – connecting people to services from a number of different sources, i.e., jail / Herkimer County lacking progress – have not had the manpower or ability to invest enough time

Christopher Driscoll (CCSI) – Adjusting some duties in preparation for the retirement of one of the Supervisors; will be taking over for the Court Liaison in addition to CCSI / new Raise The Age to include 17 year olds began yesterday – there have been 16 year olds come through but no 17 year olds, yet – there has been time spent learning the process and determining responsibilities – some is still being worked out

Jonathan Crandall (Program Manager Central Problem Gambling Resource Center) – OASAS funded – mission: increase awareness of problem gambling and connect those with gambling addictions with treatment – looking for Cortland County providers in private practice who specialize in gambling addiction to make referrals / Training scholarships for anyone working for an OASAS funded agency / Annual conference coming up next month in Albany

Rebecca Smith (Health Department & Youth Bureau of Cortland County) – Safe Harbor grant, child sexual exploitation / will begin doing trainings for parents – identifying the difference in stress levels between teens and adults and teaching how to talk with a child to deescalate situations / trainings can be tailored depending on the need – will train staff to better understand what sexual exploitation is and how to identify “at risk” children / Tobacco program – emergency ban flavored tobacco and vaping products – banning the sale of these products is now Statewide and there will be funding – anyone selling to a person under age 21 can result in arrest – State police will be working with Health Department to enforce / receiving many requests from parents for education relating to the dangers of vaping

Tiffanie Parker (DSS) – NYS is gearing up for new Federal legislation taking effect in 2021 called “Family First” – keeping children that enter the child welfare system with family and out of a higher level of care – children coming from unsafe environments for various reasons, including their behavioral issues or parental neglect, etc. – this will require support for foster parents and finding alternative family or friends – build a network of support / October 22 training at the Cortlandville Regional Training Center – subject “Elder Abuse – Financial Exploitation” – happens frequently

Patty Schaap (SPOA Coordinator – Cortland County Department of Mental Health) – SPOA has been evolving and changing, requiring a change in reporting / Post Trauma Response Team (“Post” added to rebrand and clarify purpose) will be meeting on October 4 to retrain current team members and to recruit and train new members – 12 to 4:00 at Seven Valley’s new tech high school

Agenda Item: Adjourn Chair, Matt Whitman adjourned the meeting at 12:50 p.m.

Next Regular CD Subcommittee Meeting November 6, 2019

Questions about meeting minutes contact Gail Spitzer – gspitzer@cortland-co.org – 607-428-5482