

CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING
of CORTLAND COUNTY
COMMUNITY SERVICES BOARD

Meeting Minutes – November 6, 2019 12:00 NOON
Room 302 – COUNTY OFFICE BUILDING

CHAIR: Matthew Whitman ~ VICE CHAIR: ReBecca Smith ~ DIRECTOR: Mark Thayer

Members Present: Matt Whitman – Chair, ReBecca Smith – Vice Chair, Christopher Driscoll, Tiffanie Parker, Judi Riley and Douglas Bentley

Members Absent: Jesse Abbott, Michael Johnson, Timothy Lockwood and Robert Pitman

Others Present: Mark Thayer (Director CCCS), Kurt Warner (Catholic Charities of Cortland County), Thomas Lipa (TC3), Jonathan Crandall (Central PGRC), Angela Helms (Beacon Center), Tina O’Neil (Guthrie Cortland Medical Center), Patty Schaap (CCDMH), Nikole Hurlbert (County Health Department), Alexandra Mikowski (F&CCS-COTI program), Amanda Stout (F&CCS) and Gail Spitzer (Secretary)

Call to Order: 12:03 p.m. – by Chair, Matt Whitman

Minutes

Introductions

Agenda Item: Approval of Meeting Minutes October 2, 2019 Motion requested by Chair, Matt Whitman

✓ Motion made by Tiffanie Parker, seconded by Judi Riley – no discussion, minutes unanimously approved

Agenda Item: Membership Conversation

Gail Spitzer provided a list of member of the CD Subcommittee, including terms and expirations – two members, Christopher Driscoll and Michael Johnson, will be completing their second terms, creating two vacancies as of January 1, 2020 – Tim Lockwood has agreed to reappointment and Legislature will vote to confirm Tim’s membership on the CSB (MH Law requires a minimum of three members of the CSB on each subcommittee) Matt Whitman asked for suggestions; Mark Thayer – membership of peers, family members or anyone in recovery representation would be beneficial – Chris Hyde, Kurt Warner, Julie Partigianoni were some of the names mentioned or who have expressed interest – Matt: any ideas should be forwarded to Gail

Agenda Item: Safe Harbor ReBecca Smith and Nikole Hurlbert

Safe Harbor has been discussed for over a year – Nikole has been named coordinator in July / now have trainings set up – three days available or a specific training can be brought to an group if there is a large number of people interested: November 20, December 4 or December 18 from 9 a.m. to noon in Room 304 of the COB (flyers provided) / Main goal is to raise awareness (human trafficking or exploitation) / developing a task force; contact Nikole if interested in participating nhurlbert@cortland-co.org / Cortland County allocated \$30,000 in 2019 which has been primarily used for literature, posters, handouts, etc. / alerting public of stereotype myths i.e., perpetrators can be parents, teachers, pastors, etc. – will be awarded additional \$30,000 to continue work in 2020 – funding will be taken over in 2021 with the funding and work by Department of Social Services, partnering with Health Department / Process for referrals still being developed

Judi Riley – July 1, 2020 requirement from NYS to implement a child sexual abuse curriculum for K through 8th grade – State has not provided recommended curriculum, to date / ReBecca – Child Advocacy Center has received a large grant to help implement this in the schools

Agenda Item: Agency / School / Coalition / Hospital Updates

Matt Whitman (CACTC) – have hired lead epidemiologist, Margaret Phone, for new SAMHSA grant, will be starting December 2 – all youth surveys have been completed, will be , should be returned by December and will be her first project; analysis and reporting – this will be the largest sampling as it includes all the schools in Cortland County; this year includes Homer for the first time

Kurt Warner (CCOCC) – Permanent supportive housing has been at 100% occupancy and 100% employment and doing very well

Amanda Stout (F&CCS) – have completed training on telehealth – looking into the ways to utilize through this and other Counties – Jen Baier has been providing additional services in the Jail; getting people enrolled to begin group therapy and assessments / have to apply for addition to existing license to implement counselling via telehealth / Alexandra Mikowski – have not been able to use the van’s equipment yet; having a mechanical problem – now that training is complete, equipment has to be installed, will be testing network coverage – attending all State’s webinars of “best practices” / Amanda – not sure how their services will be integrated as part of the new “Bail Reform”

Mark: Opioid Court, pre-sentence diversion, people encouraged to begin treatment which would benefit their outcome once they appear in court – (Drug Court is a condition of parole) – big parts of bail reform not written – open access centers great resource – what is the best way to engage people in their recovery; peer services, ease of access, motivation to avoid or shorten jail sentences – regulations for OMH and OASAS are drastically changing – becoming more flexible to help encourage to seek help – OASAS changed name from Office of Alcohol and Substance Abuse Services to Office of Addiction Services and Supports – big shift to recovery focused language, anti-stigma

Tom Lipa (TC3) – State encouraging colleges to get students into these fields – initiatives – shortage of professionals

Doug Bentley (County Legislator) – Missed Opportunity Community meeting as his Mom passed away a day before her 100th birthday – having already signed up as a “navigator” he was assigned a family; he met the father and their five children ranging in age from 8 months to 8 years old

Angela Helms (new program director at Beacon Center) – Alarmed at the high number of positive toxicology screenings for Fentanyl – people who do not have a history of opioid use are testing positive for Fentanyl – being added to marijuana, Molly, etc. / started process of immediate assessment and to a provider within an hour and a half – this began about 2 months ago and seeing approximately 15 positive screens each week / “Spike” synthetic marijuana – very addictive – very prevalent in Syracuse /

Nikole becoming educator in Narcan use – fewer people coming to COB to pick up kits or go through training since security has been added to building entrance – training can be done at any location – discussing possibly utilizing COTI to provide training in rural areas /

ReBecca Smith (Health Department & Youth Bureau of Cortland County) – T21 begins this week – any tobacco or vape products sold to only 21 and older – the Health & Human Services meeting will have a Resolution approving the Health Department partnership with Southern Tier AIDS program install a needle/syringe drop box outside the County Office building – not looking promising, recommends advocating with Legislators / other legislation was tabled with will more strictly regulate places smoking would be banned

Tiffanie Parker (DSS) – Blue Laws (provide shelter to anyone in need when temperatures drop below 32°) – still waiting for State approval of warming centers

Jonathan Crandall (Program Manager Central Problem Gambling Resource Center) – actively recruiting private practitioners (LCSW, LMFC, LMSW) to be added to referral network

Alexandra Mikowski (F&CCS, COTI Program) – Referrals since she began working with program increased from 5 in August, September 10 and 34 referrals in October – referrals coming from City Police and DSS, along with Marathon School – December PR focus “Have a real convo”

Patty Schaap (SPOA Coordinator – Cortland County Department of Mental Health) – Training last month “Post Trauma Response Team” , many new members – 6 teams, approximately 40 people – would be on call approximately 2 months out of the year – will be doing more advertising of service – response general 24 to 48 hours after a tragic event has occurred / Bringing “Safe Talk” (Suicide Prevention) in December / Youth Mental Health First Aid Training available

Agenda Item: Director’s Report(copy provided) Mark Thayer

HEALing Communities Grant – awarded and placed into waive two of implementation – will be able to hire staff to begin implementing some of the things discussed today, i.e.: ER needs for proper referrals, track and coordinate different ways to get training / fourth meeting with Regional Jails – discussion of medically assisted addiction treatment in jails, potential changes caused by jail reform, budgetary issues / OASAS formally changed name “Office of Addiction Services and Supports” – language changes and website redesign; including trainings and resources / any questions on remaining report, contact Mark

HEALing Communities representatives will be presenting a community orientation at the Joint CSB/Subcommittees Meeting to be held on December 17 at 3:00 p.m. in the Cortlandville Firehouse

Agenda Item: Adjourn Chair, Matt Whitman adjourned the meeting at 1:10 p.m.

Next Regular CD Subcommittee Meeting February 5, 2020

Questions about meeting minutes contact Gail Spitzer – gspitzer@cortland-co.org – 607-428-5482